

# Feeling Safe, Being Safe (FSBS) Emergency Preparedness Training

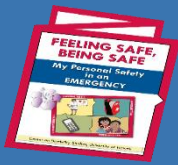
**What:** SAAC is providing emergency preparedness training to individuals with developmental disabilities.

**Why:** SAAC is using tools that were made by people with disabilities. They want people to take charge and be safe and prepared for an emergency.

**How:** Each participant will complete a Feeling Safe, Being Safe worksheet and magnet. They will also learn how to put an emergency kit together.



If you are interested – please contact  
Zosimo Arista, Jr. at (808) 586-8169.



# FEELING SAFE, BEING SAFE

## Frequently Asked Questions

# Individual Training

**Is there a fee for the Train the Trainer workshop? NO**

There is no fee for the Feeling Safe, Being Safe training offered by the Hawaii Self-Advocacy Advisory Council (SAAC).

**Who can attend this training?**

The training is for individuals with developmental disabilities. Families and caregivers are also welcome to participate in the training.

**What materials will attendees receive?**

All workshop attendees will receive a Red Folder with a Feeling Safe, Being Safe DVD, a Worksheet, and a Magnet. All materials were designed by individuals with developmental disabilities.

**Who will conduct the training?**

The training will be facilitated by a Peer Advocate who is a Certified Feeling Safe, Being Safe trainer with support from a facilitator.

**What are the responsibilities of workshop participants?**

Each participant is asked to complete their worksheet, magnet and put a kit together. The Trainer will contact each person one month after the training to follow up on making sure the worksheet, magnet and emergency kit is completed.

**Who can we contact for future FSBS Trainings**

Contact Kaili Swan, SAAC Emergency Preparedness Officer or Zosimo Arista, Jr. at the Hawaii State Council on Developmental Disabilities at 808-586-8169